

Is It Right For You?

Exosome injections are the next generation of regenerative orthopedic therapy. If you have degeneration in large joints (such as knees, hips and shoulders) or have a degenerated disk in your spine, this injection could be an excellent option for long-term pain relief and better mobility. This is not a treatment for an acute injury, like a torn rotator cuff or ACL, but it can help you postpone and possibly avoid surgery for a chronic condition.

We have a new approach to an old problem.

Over the last decade, we have collectively been studying and reviewing the most cutting-edge medical biologics and their ability to promote cellular regeneration. We are truly excited with exosomes and all agree that they are the future of healing. As with most cutting-edge technologies in healthcare, this is not typically covered by health insurance. For this reason, we have financing options available and are excited to discuss the potential this regenerative technology provides to get you back to how you should feel.

Tired of pain holding you back?

If this procedure interests you, call our office today and set up a consultation with one of our doctors.

The only thing you stand to lose is pain.

Say Goodbye to Pain— Without Surgery

Exosome Injections for Pain Relief



Call today!
(856) 675-3380

Regional Renew
499 Cooper Landing Road
Cherry Hill, NJ 08002

regionalrenew.com



Channeling the power of exosomes (tiny particles released by stem cells) to jumpstart your body's own healing processes. The goal is true, long-lasting relief for back, hip, knee, shoulder, elbow or wrist pain.

Why Exosome Injections?

While other injections temporarily reduce inflammation or lubricate a joint, exosome injections reduce inflammation and help your body repair and renew cells and tissues like cartilage, tendons, ligaments, and spinal disks. This is state-of-the-art care that can bring long-term pain relief, giving you back mobility that was previously hampered or lost.



Are Exosomes Safe?

As with any injection, there is a possible risk of infection, but the procedure is safe and there is little to no risk of rejection.

We use exosomes—tiny particles (or nanoparticles) from Organicell™. They come from donated amniotic fluid collected during childbirth. We feel this is the best option for many reasons. Young cells from amniotic fluid tend to work better than older cells, carry no risk of rejection and little risk of adverse effects. In contrast, harvesting your own stem cells requires minor surgery with additional risks and pain. Organicell is an FDA-registered cGMP lab. It provides nanoparticles that are 100% natural and sterile filtered, ensuring maximum regenerative capability and safety.

What to Expect

Similar to some other injections, your doctor will use X-ray to locate the injection site. You may feel minor soreness at the injection site but will be able to resume your regular activities almost immediately.

Exosomes play a key role in helping your body heal itself. They signal cells in your body to communicate with each other to grow new cells and repair damage. In other words, they trigger your body's natural restoring process. You may start to feel less pain and more mobility rather quickly. Timing of relief depends on how severe the original damage was. Within 3 to 6 months, you should feel your true results from tissue regeneration.

There is a chance the injection may not work for you or may have to be repeated months or years later. Results are individual and vary in terms of amount and duration of pain relief. Talk to your doctor about what you, personally, can expect. It is possible for you to walk into your appointment with a knee brace and be running 6 months later—or less!

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